



Dr. Janicka

VOLUME 14

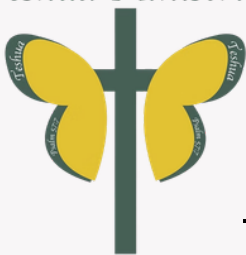
Helping Others Onward & Upward to Victory!

W.o.W. (WORD ON WORSHIP)

MAY 8, 2026

Teshua Ministries

WELCOME TO OUR



Monthly Newsletter

Worship Through The Psalms (Part 2)

Greetings in the Name of Our Lord and Savior Jesus Christ! Welcome to the fourteenth edition of W.o.W. (Word on Worship)–the monthly newsletter from Teshua Ministries designed to inspire, equip, and deepen our understanding of true worship. Whether you are joining us for the first time or returning, we are delighted to walk this journey of worship with you as we seek to glorify God and grow stronger in faith.

This publication reflects the heart and mission of Dr. Janicka, founder of Teshua Ministries, who is passionate about helping believers experience victorious worship that transforms lives. We pray that each edition ignites a greater hunger for God's presence and empowers you to worship Him in spirit and in truth.

Thank you for being part of the W.o.W. Word on Worship family. Let's continue this journey onward and upward to victory in Christ!

Blessings, Teshua Ministries

In this newsletter:

Learn what it truly means to live a disciplined life of worship with Dr. Janicka.

Tune in Live May 26th @ 7 PM W.o.W. WORD ON WORSHIP YouTube Facebook LinkedIn

W.o.W. Virtual Roundtable Discussion Join Us Live! SATURDAY, MAY 30, 2026 | 11:00 AM - 12:30 PM DR. JANICKA NEWELL MINISTER KATRICE CORNETT PSALMIST CRYSTAL EL REVEREND JOHN HOWARD, JR. REGISTER NOW! SCAN FOR ACCESS

WORSHIP THROUGH THE PSALMS (PART 2)



*Dr. Janicka*

## Introduction

Last month, we explored an overview of the biblical book of Psalms. In summary, the Psalms are a collection of poems set to song written by several authors. The Psalms are filled with words of inspiration and connection with God, our creator. As one of the best hymnals written about God for the people, there is no comparison to the uniqueness of the book of Psalms.

To summarize the details previously shared, there are five major books in the Psalms, with 150 chapters. Book one encompasses Psalms 1-41. Book two contains Psalms 42-72. Book three covers Psalms 73-89. Book four entails Psalms 90-106, and Book 5 covers Psalms 107-150. In **Opening Up Psalms**, the author Roger Ellsworth notes that the five books of Psalms correspond directly to the first five books of the Bible. Book 1 is Genesis for creation, salvation, and sin. Book 2 connects to Exodus regarding redemption. Book 3 corresponds to Leviticus, pertaining to the sanctuary



for worship. Book 4 represents Numbers and the theme of prominence. Lastly, Book 5 pertains to Deuteronomy with a focus on the Word of God.

The **Nelson Study Bible** identifies seven themes for the 150 written psalms discussed last month in *Worship through the Psalms – Part 1*. There are the Royal Psalms, the Psalms of Zion, the Penitential Psalms, Wisdom Psalms, the Imprecatory Psalms, Passover Psalms, and the Hallel Psalms. With a closer examination of the Psalms, one will discover overarching worship themes of reverence and relationship in the biblical book of Psalms. Today, let's examine Psalms and the connection to a relationship with God as a worshiper.



## An Overview of The Book of Psalms

### 5 Books with 150 Chapters

- Book 1 encompasses Psalms 1-41
- Book 2 contains Psalms 42-72
- Book 3 covers Psalms 73-89
- Book 4 entails Psalms 90-106
- Book 5 covers Psalms 107-150

## **RELATIONSHIP THROUGH PSALMS**

Our society today is practically driven by the need, desire, and urge for relationships. Yet when we factor in God, if one simply walks throughout a bookstore, checks the local magazine rack at the supermarket, or scrolls through the top social media posts, it is difficult to find a discussion on the success of relationships with God unless one intentionally searches for the topic. As a believer, one cannot experience worship without having a relationship with the Almighty God. A relationship with God entails a state of being connected, related, or experiencing kinship. A biblical relationship with the Lord will occur by the Holy Spirit through the Word of God. In addition, a relationship with God is initiated by Him, ultimately communicating His character, qualities, work, power, and communion with His creation. With closer examination, we can glean examples of worship and relationship through the book of Psalms. By exploring the psalms that depict favorable and healthy examples of relationships, a person can grow in their intrapersonal interactions with people and God.

In Book 1, Psalm 40, verse 4 depicts, **“Blessed is that man who makes the Lord his trust, And does not respect the proud, nor such as turn aside to lies.”** To trust the Lord is better than relying on ourselves or people. When trusting Him, we can find that our judgment is clearer and

fewer mistakes are made in life as we practice worship. Further on in Psalm 40, David wrote about how he shared God’s lovingkindness and truth to the masses. He depicted in verse 9 how he could not restrain his lips. Isn’t that what most people naturally do when someone is kind or loving toward us? We, as worshipers, can learn something from David and do greater by telling of God’s love as well.

Also, we see throughout Book 1 of Psalms examples of relationships occurring through familiarity, which is achieved with daily worship. For example, in Psalm 63:1, 7–8, the author, David, wrote, **“O God, You are my God; Early will I seek You; My soul thirsts for You; My flesh longs for You in a dry and thirsty land...in the shadows of Your wings I will rejoice. My soul follows close behind You.”** If someone whispered those words to one of us, that person would have our full attention. The words are inspirational enough to deeply touch a person’s heart. In our worship, God desires to hear words



### **The Book of Psalms Themes**

- **Royal Psalms:** Emphasize God as King
- **Psalms of Zion:** Focus on Jerusalem.
- **Penitential Psalms:** Pertain to confession and forgiveness
- **Wisdom Psalms:** Contrast the righteous and the wicked
- **Imprecatory Psalms:** Literally asks God to curse the wicked and reflect God’s abhorrence of evil
- **Passover Psalms:** Celebrating Egyptian deliverance
- **Hallel Psalms:** Praising God for His character and saving works



## Relationship Through Psalms

- **Definition of Relationship:** the state of being connected, related, or kinship
- **Biblical Relationship:** occurs by the Holy Spirit through the Word of God; initiated by God, communicates His character, qualities, work, power, and communion with His creation

that reflect the depth of our hearts toward Him as well. In this Psalm 63 of Book 2, David was bearing his heart to God. He did this throughout several more psalms, and ultimately his words of worship were not in vain (see Revelation 22:16).

Even the sons of Korah understood relationship through

worship. In Book 3, Psalm 84, they wrote, **“How lovely is Your tabernacle, O Lord of hosts! My soul longs, yes, even faints for the courts of the Lord; My heart and my flesh cry out for the living God...Blessed is the man whose strength is in You, whose heart is set on pilgrimage...They go from strength to strength.”** Part of a relationship through worship entails telling God how much He means to us, pouring out our hearts and deep thoughts without inhibition. Worship in the tabernacle was very strong throughout the Psalms. The sons of Korah longed for the tabernacle experience. Like them, we have to know that through worship our life’s pilgrimage will go from strength to strength too when we make our heart a tabernacle dwelling place for the presence of God!

An anonymous author writes in Psalm 97, verse 11, **“Light is sown for the righteous, And gladness for the upright in heart.”** A relationship with God’s prominence will guarantee our lives filled with light and, through worship, gladness in heart. This is something eternally felt that only He can give to a worshiper. In addition, the longest book in Psalms, Psalm 119, as it aligns with the theme of Deuteronomy pertaining to the Word of God, is all about relationship through worship. Psalm 119 is about worshiping the Lord as a God of second chances, and the reward is a deeper relationship with Him. We find that through worshiping in the Word, we can be revived and strengthened, with sin having no dominion while gaining a deeper sense of understanding God’s prominence as the highest priority in life. Verse 165 says, **“Great peace have those who love Your law, And nothing causes them to stumble.”** Many people are seeking peace today in their lives and relationships. When we prioritize our relationship with God, peace through worship is a personal guarantee.

Join us for our next Volume  
June 8, 2026



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**WORSHIP THROUGH THE PSALMS (PART 2)**

## **CONCLUSION**

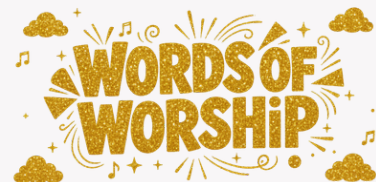
Worship and a relationship with God are inseparable. **“Proper worship includes good social interaction and interpersonal relationships as well as person-to-God relationships (The New Commentary: Ezekiel).”** Taking the time to read through the book of Psalms will reveal a relationship with God being evident amidst worship. It is notable that no matter the writers’ circumstances, what remained important throughout their written poetic songs was acknowledging their relationship with God. The Psalms reveal how trust, longing, honesty, and devotion build a strong relationship with God. If anyone needs a road map for what a nurturing and good-natured relationship looks and sounds like, he or she should read the Psalms.

While it is clear there are several themes and subjects throughout the book of Psalms, reverence and relationship are two major overarching themes. What is so spectacular about Psalms is that a novice worshiper could use Psalms as a guide for learning how to acknowledge the unique qualities of God (reverence) and grow introspectively as a person (relationship). Worship brings peace, strength, joy, and a deeper connection—benefits people often search for in human relationships alone. Reverence and relationship are the foundation for worship, and the book of Psalms is an excellent beginning for developing and maintaining the heart of a worshiper.



### **The Psalms & Relationship**

- Worship deepens familiarity with God (Psalm 40)
- Worship becomes an expression of heartfelt intimacy with God (Psalm 63)
- Worship strengthens life’s journey (Psalm 84)
- Worship produces God-given joy (Psalm 97)
- Worship yields peace (Psalm 119)



**(Relationship Category)**

<b>Compassion</b>	<b>Peace</b>
<b>Deliverer</b>	<b>Refuge</b>
<b>Faithful</b>	<b>Shield</b>
<b>Gladness</b>	<b>Strength</b>
<b>Lovingkindness</b>	<b>Truth</b>
<b>Mercy</b>	

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## Let's Pray...

Father God, in the name of Jesus Christ, thank You for initiating a relationship with us. Bless us daily as we seek You and draw nigh to You through Your Word. Please bless us to experience greater knowledge and the understanding of who You are in our lives as worshipers. Lord, may Your Word illuminate our minds and hearts to thirst for a deeper connection with You. We were created for worship to both reverence and have an everlasting relationship with You. May our hearts commune daily with You, and may we be continually blessed by Your joy, Your strength, and Your peace due to being intentional about our worship and relationship with You, Amen!



### The Psalms & Relationship

- Worship and a relationship with God are inseparable and evident throughout the Psalms
- The Psalms reveal how trust, longing, honesty, and devotion build a strong relationship with God
- The authors shared the importance a relationship with God that reflects peace, strength, joy, and a deeper connection as a worshiper



### “I’ve Got History with God” T-Shirt Collection

By Dr. Janicka | Teshua Ministries

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