



*Helping Others Onward  
& Upward to Victory!*

*Dr. Janicka*

VOLUME 13

**W . o . W .**  
(WORD ON WORSHIP)

APRIL 8, 2026

Teshua Ministries

WELCOME TO OUR



# Monthly Newsletter

## Worship Through The Psalms (Part 1)

Greetings in the Name of Our Lord and Savior Jesus Christ! Welcome to the thirteenth edition of W.o.W. (Word on Worship)—the monthly newsletter from Teshua Ministries designed to inspire, equip, and deepen our understanding of true worship. Whether you are joining us for the first time or returning, we are delighted to walk this journey of worship with you as we seek to glorify God and grow stronger in faith.

This publication reflects the heart and mission of Dr. Janicka, founder of Teshua Ministries, who is passionate about helping believers experience victorious worship that transforms lives. We pray that each edition ignites a greater hunger for God's presence and empowers you to worship Him in spirit and in truth.

Thank you for being part of the W.o.W. Word on Worship family. Let's continue this journey onward and upward to victory in Christ!

Blessings,  
Teshua Ministries

### In this newsletter:

Learn what it truly means to live a disciplined life of worship with Dr. Janicka

**Tune in Live**  
**May 26<sup>th</sup> @ 7 PM**



**WORSHIP THROUGH THE PSALMS (PART 1)**



*Dr. Janicka*

## Introduction

The biblical book of Psalms is a collection of poems set to song written by several authors. Without a doubt, one can turn the pages of various Psalms and find words of inspiration for any situation and establish a connection with God, our creator. It's the one book in the Bible that is unlike any of the others. It may even be the best hymnal one could own in daily life.

There are five major books in the Psalms, with 150 chapters. Book one encompasses Psalms 1-41. Book two contains Psalms 42-72. Book three covers Psalms 73-89. Book four entails Psalms 90-106, while Book 5 covers Psalms 107-150. **Roger Ellsworth, author of *Opening Up Psalms***, notes that some believe the five books of Psalms correspond directly to the first five books of the Bible. Book 1 is Genesis for creation, salvation, and sin. Book 2 connects to Exodus regarding redemption. Book 3 corresponds to Leviticus, which pertains to the sanctuary for worship. Book 4



represents Numbers and the theme of prominence. Lastly, Book 5 pertains to Deuteronomy, focusing on the Word of God.

With further examination, **The Nelson Study Bible** explains how each psalm can be identified by several themes. There are the Royal Psalms, which emphasize God as King, and the Psalms of Zion, which focus on Jerusalem. Then there are the Penitential Psalms that pertain to confession and forgiveness, while the Wisdom Psalms contrast the righteous and the wicked. Another theme among the psalms is the Imprecatory Psalms, which literally ask God to curse the wicked and reflect God's abhorrence of evil. There are also the Passover Psalms celebrating Egyptian deliverance and finally, the Hallel Psalms praising God for His character and saving works.



## An Overview of The Book of Psalms

### 5 Books with 150 Chapters

- Book 1 encompasses Psalms 1-41
- Book 2 contains Psalms 42-72
- Book 3 covers Psalms 73-89
- Book 4 entails Psalms 90-106
- Book 5 covers Psalms 107-150

With a closer examination of the Psalms and their identification by several authors and themes, I am inclined to consider that, overall, there are two themes in the biblical book of Psalms related to worship. The overarching themes of the biblical book of Psalms, as they relate to worship, are reverence and relationship. Today, let's examine the Psalms and their connection to revering God as a worshiper.

### **REVERENCE THROUGH PSALMS**

According to the **Oxford American Dictionary**, reverence is defined as a feeling of awe, respect, or veneration. From a biblical standpoint, reverence is the proper sense of awe, respect, and wonder that is inspired and demanded by an encounter with, or meditation upon, the character and activity of the living God (**The Zondervan Dictionary of Bible Themes**). Throughout all five books of Psalms, one can find evidence of reverencing God, which is in itself an act of worship.

In Psalm 8 of Book 1, we find David revering God for His works and for the love of man. David writes in verse one, **“O, Lord, our Lord, How excellent is Your name in all the earth, who have set Your glory above the heavens!”** David is extolling God and sharing his personal awe of Him. As an act of worship, it is always a wonderful thing to speak and sing of God's excellence. Worship as an act of reverence gives God what is due to Him, especially when praise is expected.

In Psalm 68, of Book 2, David writes in verse four, **“Sing to God, sing praises to His name; extol Him who rides on the clouds and by His name, Yah, and rejoice before Him.”** David, in this Wisdom Psalm, is praising God for His glory and goodness to Israel. He gets more specific when he uses imagery in his words of reverence. As an act of worship, we are instructed not only to praise His name but to rejoice before Him.

In Psalm 89 of Book 3, Ethan the Ezrahite, in verses five through seven, writes, **“And the heavens will praise your wonders, O Lord...For who among the heavens can be compared to the Lord?...God is greatly to be feared in the assembly of the saints, and to be held in reverence by all those around him.”** Ethan clearly encourages the saints to give God reverence as brothers and sisters assembled with one purpose. The purpose is to speak of God's wonders and



### **The Book of Psalms Themes**

- **Royal Psalms:** Emphasize God as King
- **Psalms of Zion:** Focus on Jerusalem.
- **Penitential Psalms:** Pertain to confession and forgiveness
- **Wisdom Psalms:** Contrast the righteous and the wicked
- **Imprecatory Psalms:** Literally asks God to curse the wicked and reflect God's abhorrence of evil
- **Passover Psalms:** Celebrating Egyptian deliverance
- **Hallel Psalms:** Praising God for His character and saving works



## Reverence Through Psalms

- **Definition of reverence:** Awe, Respect, Veneration
- **Biblical reverence:** Awe; Respect & wonder inspired and demanded by an encounter with God; Meditation on the character & activity of the living God

greatness. As worshipers, we cannot forsake opportunities when gathered together to tell of His wonders, especially when there is no comparison to the almighty God, who created heaven and earth.

Reverence continues in Book 4 when the anonymous author tells God, He is great. God is clothed

with honor and majesty. Considering that Book 4 is synonymous with Numbers in the Bible, with its theme of prominence, the words in verses 1 and 2 of Psalm 104 are in line with sharing God’s awesomeness. Then, in Book 5, Psalm 135, the anonymous author writes these words in verse thirteen, **“Your name, O Lord, endures forever, Your fame O Lord throughout all generations.”** Isn’t this something someone might say when seeking an autograph from a famous person? It is extra special to know that we can say the same for God, the most famous of them all, and His signature upon our lives is worth more than millions!

### **CONCLUSION**

If someone is wondering how to worship God with reverence, they need only turn to the biblical book of Psalms. Words like mighty, powerful, righteous, Holy, extol, praise, and great are just a few terms that can prevent anyone from getting tongue-tied in exemplifying reverential worship. Without a doubt, words written to describe the awesomeness and distinct qualities that make God great are found throughout the book of Psalms. Each writer, whether through creation, redemption, or in the sanctuary, exclaimed His prominence and declared God’s Word as an act of reverence. The writers are commendable because they did not want to be the only ones worshipping God; they encouraged the people to do just the same, including us today as 21<sup>st</sup>-century worshipers. As worshipers, we can reverence the Lord and do as Psalm 150:1-2 commands, **“Praise ye the Lord. Praise God in his sanctuary: praise him in the firmament of his power. Praise him for his mighty acts: praise him according to his excellent greatness.”**

Join us for our next Volume  
May 8, 2026



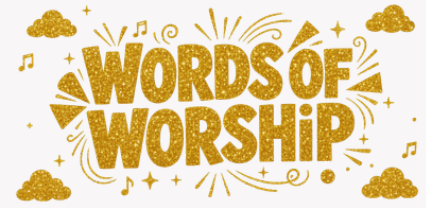
**INTERESTED IN BOOKING DR. JANICKA, VISIT HER WEBSITE**  
**WORSHIP THROUGH THE PSALMS (PART 1)**



## The Psalms & Reverence

- The writers exclaim distinct qualities of God
- The Psalms provide language for reverential worship
  - Words like mighty, powerful, righteous, holy, extol, praise, great
- The writers encourage all worshipers to declare God's greatness
  - Psalm 150:1-2 (KJV) emphasizes praising God for His mighty acts and excellent greatness

*"Praise ye the LORD. Praise God in his sanctuary: praise him in the firmament of his power. Praise him for his mighty acts: praise him according to his excellent greatness."*



(Reverence Category)

<b>Awesome</b>	<b>Honor</b>
<b>Bless</b>	<b>Lovely</b>
<b>Everlasting</b>	<b>Majesty</b>
<b>Exalted</b>	<b>Mighty</b>
<b>Extol</b>	<b>Righteous</b>
<b>Holy</b>	<b>Wondrous</b>

### Let's Pray...

*Father God, in the name of Jesus Christ, we thank You today for Your precious Word that speaks to us today. Thank You for Your Holy Spirit, who guided every author who wrote a psalm to depict Your goodness, kindness, majesty, and awesome power. Thank You that the words penned thousands of years ago are relevant today and serve as a beacon of light, teaching us to reverence You in all Your glory. We do not take You for granted, and we express our gratitude that we can confess our awe and wonder at who You are and the deep love we have for You as worshipers. Today, we exalt, extol, and bless your name. May we always seek ways to reverence and honor You for your greatness and excellence, Amen!*

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